

Extreme Makeover: Heart Edition
Week 3

FEAR
(worry, anxiety and control)

- I. Introduction
 - a. Week 1 – The Love of God
 - b. Week 2 – The Word of God
- II. Real Fear
- III. Imaginary Fear
 - a. Maybes, mights and what ifs
 - b. “The Rod of God never smites as sharply as the rod of our imagination.”
– Charles Spurgeon

Bible Characters who struggled with FEAR

Questions to ask about each person:

- What was this person afraid of?
- Was it real, eminent danger, or perceived danger?
- What did he/she do because of the fear? (trust God, run away, try to control the situation, etc.)
- Is there evidence that this person’s life was changed and he/she learned to trust God?

Abraham – Fear of Danger

Genesis 12:10-20, Genesis 20:1-18, Hebrews 11:17

Sarah – Fear caused by Doubt

Genesis 16, Genesis 18:1-15, Hebrews 11:11, 1 Peter 3:6

Moses – “I’m not good enough”

Exodus 3:1-12, Exodus 4:1-13, Hebrews 3:5, Revelation 15:3

Saul – “I feared the people”

1 Samuel 13, 1 Samuel 15:1-31

- IV. Fear of God
 - a. Charles Spurgeon quote: *Between the fear of a slave and the fear of a child we can all perceive a great distinction. Between the fear of God’s great power and justice which the devil’s have, and the fear which a child of God has when he walks in the light with his God, there is as much difference, surely, as between hell and heaven.*
 - b. Verses: Psalm 111:10, Psalm 112:1, Proverbs 1:7, Proverbs 14:26-27, Isaiah 33:6
 - c. Luke 12:1-7
- V. Conclusion
 - a. Real Fears, Psalm 27
 - b. Potential Fears, Philippians 4:6-8
 - c. When I think it’s too hard: Hebrews 4:12-16
 - d. Psalm 103:10-14