

Extreme Makeover: Heart Edition Week 2 God's Word & Thinking Biblically

When the Bible uses the word "heart," it is usually referring to _____.

"You _____ and you _____
because you _____."

We lead with _____.

Habits (good or bad) are developed over time through repetition.

Attitudes are _____ that we develop over time—habits of thinking.

Rom. 12:2 "be transformed by the renewing of your minds."

"morphoo" to change, to transfigure

"We shall morph indeed."

2 Cor. 3:18 "But we all...beholding as in a mirror the glory of the Lord, are being transformed into the same image from glory to glory."

If we are to ever have hope of lasting change and real joy as women of God, being in His word is of first importance.

Questions:

If you were to draw a circle that represents your life, what would be in the center?

Think back over the past month of your life; what did you think about most?

When life's ripples become waves, to whom do you turn? To whom do you pour out your heart and thoughts?

Who is God to you: what are some characteristics of God you have *personally* observed?

How to do a verse study:

1. Read the entire chapter of the Bible in which the verse is located, or at least the paragraph before and after the verse. You're looking for context or setting so you don't misinterpret the passage.

2. What does it say? Write out the verse in your own words.

3. What does the verse say that I don't understand? Write down any questions you have.

4. What does it say somewhere else? Using a concordance or the cross references in the margins of your Bible, look up other Scriptures that might shed light on the verse.

5. What does it say to me? Ask God to show you something from the verse that you can apply to your life this week.

Ps. 19:14 "Let the words of my mouth and the meditation of my heart be acceptable in Your sight, O LORD, my Rock and my Redeemer."

Context: the perfect revelation of God—as seen in creation in vs. 1-7, and then in His word in vs. 8-11. Then the psalmist asks for forgiveness and deliverance from both secret sins and presumptuous sins. And then we have vs. 14.

My re-wording of it: “may everything I say and everything I think be pleasing to You, God; You give me strength and have brought me salvation.”

Questions: is God really concerned with what I think? I mean, as long as I don't say it, shouldn't I be entitled to my own opinion?

Cross-references: Prov. 23:7 “As a man thinks in his heart, so is he.”

Mt. 12:34 “Out of the abundance of the heart, the mouth speaks.”

2 Cor. 10: 5 “We destroy arguments and every lofty opinion raised against the knowledge of God, and **take every thought captive to obey Christ.**”

1 Pet. 1:13 “Therefore, **preparing your minds for action**, and **being sober-minded**, set your hope fully on the grace that will be brought to you at the revelation of Jesus Christ.”

Phil. 4:6 says whatever is true, honorable, just, pure, lovely, commendable, if there is any excellence, if there is anything worthy of praise, think about these things.

Your mind is formed by what you put in it; input determines output.

Ps. 119:169 “Give me understanding according to Thy word.”

Lam 3:22-23 “Through the Lord's mercies we are not consumed, because His compassions fail not. They are new every morning; great is Your faithfulness.”

If you don't see the importance of God's word, then you will value your own convenience more than you value spending time with God.

Ps. 34:8 “Oh taste and see that the Lord is good; blessed is the man who trusts in Him!”

Here are some verse studies for you to do this week.

On Who Christ is: Heb. 1:3-4; John 1:1 (read John 1:1-4 first); John 14:6

On the importance of following Him: Lk. 18:19-30; Mt. 16:24-26

What God's word does: 2 Tim. 3:16-17; Heb. 4:12(compare Eph. 6:17 as a cross reference)

What God's word is: Prov. 30:5-6

How precious God's word is: Jer. 15:16

For the overachievers (and I know you're out there!): Ps. 119 (if you do 24 verses each day, you will finish in a week). Write down what the psalm says concerning:

What the word is

What the word does

Your responsibility to the word of God

When you've finished going through this psalm, answer these questions:

What importance does the psalmist place upon God's word?

What importance should I place upon His word?

How does God want me to apply to my life what He is teaching me this week?